

# NEWSLETTER

JULY 2025



RASHID LATIF  
KHAN UNIVERSITY



RASHID LATIF  
MEDICAL COLLEGE



RLKU  
MEDICAL & DENTAL COLLEGE



HAMEED LATIF  
TEACHING HOSPITAL



ARIF MEMORIAL  
TEACHING HOSPITAL





## RASHID LATIF KHAN UNIVERSITY (RLKU)

### RLKU PROUDLY PARTICIPATED IN THE JANG EDUCATION EXPO 2025!

Over the course of two exciting days, our team connected with future leaders, showcased our innovative programs, and had inspiring conversations with students and parents. It was an incredible opportunity to share our passion for education and explore new possibilities.



### NATIONAL INCUBATOR CENTRE

Madam Sabahat Khan attended the panel discussion on "Beyond the Build: Smart Marketing & Community Growth for Startups" at the National Incubation Center Lahore. The event brought together marketing experts, startup founders, and ecosystem builders to share insights on driving early traction and building loyal communities. Powered by Vanar and supported by Google Cloud, the discussion provided valuable take away for attendees.







# RASHID LATIF KHAN UNIVERSITY (RLKU)

## DEPARTMENT OF PHARM-D

### GLOBAL EXPOSURE | ACADEMIC EXCELLENCE

We're delighted to share that Professor Dr. Humayun Riaz recently visited the prestigious University of Western Australia (UWA) – proudly ranked among the world's top 100 universities!

During his visit to the Crawley Campus in Perth, Dr. Humayun had the opportunity to observe the Doctor of Pharmacy (Postgraduate) program, gaining valuable insights into global best practices in pharmacy education and research.

This visit marks another step toward academic collaboration and innovation at an international level. We're proud of our faculty members who continue to bring global perspectives to our academic community.



### FACULTY SPOTLIGHT: DR. SANA FROM RLCP!

We're proud to share that Dr. Sana, esteemed faculty member at Rashid Latif College of Pharmacy (RLCP), delivered an insightful presentation on Mesoporous Nanoparticles – a cutting-edge advancement in pharmaceutical sciences.

She explored the development of biocompatible and sustained-release gelatine-based transdermal patches, offering a promising method in drug delivery systems. This innovative approach aims to improve therapeutic outcomes by ensuring controlled release and enhanced patient compliance.



### SEMINAR ON TEACHING METHODOLOGY AT RLCP

We were honoured to host Prof. Dr. Syed Atif Raza, Principal of University College of Pharmacy, Punjab University, for a powerful and thought-provoking session titled "Beyond the Blackboard: Innovative Approach to Teaching."

This insightful presentation was attended by the teaching faculty of RLCP and professionals from other disciplines, offering fresh perspectives on modern pedagogical strategies. Dr. Syed Atif Raza introduced transformative and practical methods to enhance classroom engagement and learning outcomes.

In recognition of his valuable contribution, Dr. Atif was presented with a special college souvenir as a token of appreciation.







# RASHID LATIF KHAN UNIVERSITY (RLKU)

## PRO VICE CHANCELLOR

### PROF. DR. RUKHSANA KAUSAR DELIVERS KEYNOTE ADDRESS AT NOOR INTERNATIONAL UNIVERSITY CONFERENCE

Emeritus Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of Rashid Latif Khan University, delivered an inspiring keynote address on "Impact of Social Media usage on Youth" at a prestigious academic conference hosted by Noor International University, Lahore. The conference brought together scholars, researchers, educators, and professionals from diverse fields to explore emerging trends, challenges, and innovations in higher education and societal development.

Prof. Dr. Rukhsana Kausar's keynote focused on "The Role of Psychological Resilience and Leadership in Transforming Higher Education", offering deep insights into how mental well-being, emotional intelligence, and inclusive leadership are essential to navigating the evolving academic landscape. She emphasized:

- The critical intersection of mental health and academic performance
- Empowering educators and students through resilience-building strategies
- The importance of transformational leadership in higher education reform
- Aligning institutional growth with SDG goals and HEC's quality benchmarks

Her address was received with great appreciation and sparked meaningful dialogue among participants, encouraging institutions to adopt more human-centered, visionary approaches to education.

The conference served as a platform for knowledge exchange, research collaboration, and institutional networking – and Prof. Dr. Kausar's presence significantly elevated the intellectual value and direction of the event.







## RASHID LATIF KHAN UNIVERSITY (RLKU)

### PRO VICE CHANCELLOR

#### PROF. DR. RUKHSANA KAUSAR REPRESENTS HEC AT PTUT'S 26<sup>th</sup> SYNDICATE MEETING

The 26<sup>th</sup> Syndicate Meeting of Punjab Tianjin University of Technology (PTUT), Lahore was held on 20<sup>th</sup> July 2025, bringing together senior officials, policymakers, and academic leaders to deliberate on matters of institutional development, academic programs, and strategic planning. The Syndicate meeting served as a vital platform for reviewing the university's progress, aligning future initiatives with national higher education priorities, and strengthening governance mechanisms.

Representing the Higher Education Commission (HEC), Prof. Dr. Rukhsana Kausar, actively contributed to the discussions, offering her valuable insights on enhancing institutional governance, introducing skill-oriented programs, and fostering stronger academia-industry linkages. Her participation reflected not only her individual dedication to advancing higher education in Pakistan but also RLKU's commitment to engaging in collaborative national platforms that shape policy and improve academic excellence.



#### PROF. DR. RUKHSANA KAUSAR PARTICIPATES IN KEY PHEC MEETING ON PERFORMANCE-BASED UNIVERSITY RANKINGS

The 26<sup>th</sup> Syndicate Meeting of Punjab Tianjin University of Technology (PTUT), Lahore was held on 20<sup>th</sup> July 2025, bringing together senior officials, policymakers, and academic leaders to deliberate on matters of institutional development, academic programs, and strategic planning. The Syndicate meeting served as a vital platform for reviewing the university's progress, aligning future initiatives with national higher education priorities, and strengthening governance mechanisms.

Representing the Higher Education Commission (HEC), Prof. Dr. Rukhsana Kausar, actively contributed to the discussions, offering her valuable insights on enhancing institutional governance, introducing skill-oriented programs, and fostering stronger academia-industry linkages. Her participation reflected not only her individual dedication to advancing higher education in Pakistan but also RLKU's commitment to engaging in collaborative national platforms that shape policy and improve academic excellence.







## RASHID LATIF KHAN UNIVERSITY (RLKU)

### PRO VICE CHANCELLOR

#### **PROF. DR. RUKHSANA KAUSAR ATTENDS UNIVERSITY OF EDUCATION SYNDICATE MEETING AS HEC NOMINEE**

The Syndicate Meeting of the University of Education was held on 18th July 2025, bringing together key academic leaders, policymakers, and administrators to review institutional progress, strategic initiatives, and governance frameworks. Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of Rashid Latif Khan University (RLKU), attended the meeting as an esteemed nominee of the Higher Education Commission (HEC). Her presence underscored her active role in strengthening higher education governance and fostering collaborative decision-making for the advancement of academic institutions in Pakistan. Prof. Dr. Kausar contributed valuable insights on policy development, academic reforms, and mechanisms for enhancing institutional quality, reflecting her commitment to ensuring that universities remain aligned with the evolving needs of students, industry, and society. Her participation also highlighted RLKU's dedication to national-level engagement in improving the quality and impact of higher education.

#### **PROF. DR. RUKHSANA KAUSAR SERVES ON UNIVERSITY OF EDUCATION SELECTION BOARD**

On 2nd July 2025, the University of Education held its Selection Board meeting, a crucial forum for evaluating and appointing qualified academic and administrative personnel to strengthen the university's human resource capabilities. Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of Rashid Latif Khan University, served as a member of the Selection Board, bringing her extensive academic and administrative expertise to the evaluation process. Her active participation ensured that the selection process remained transparent, merit-based, and aligned with the university's vision of academic excellence. Her role on the board reflects her dedication to nurturing talented educators and administrators who can contribute effectively to the growth of Pakistan's higher education sector. Through her involvement, Prof. Dr. Kausar continues to uphold the values of integrity, meritocracy, and quality in institutional development.







## RASHID LATIF KHAN UNIVERSITY (RLKU)

### PRO VICE CHANCELLOR

#### **PROF. DR. RUKHSANA KAUSAR HOSTS PHEC COMMITTEE MEETING AT RLKU TO DEVELOP PERFORMANCE-BASED CRITERIA FOR UNIVERSITIES**

Rashid Latif Khan University (RLKU) hosted an important meeting of the committee constituted by the Punjab Higher Education Commission (PHEC) to rationalize a comprehensive and logistics-based set of performance criteria for universities in Punjab. This consultative session brought together senior officials from PHEC and academic experts to deliberate on frameworks for measuring institutional performance, ensuring accountability, and aligning universities with national and international standards of quality education. Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of RLKU, was convener of the committee and she played a pivotal role in the discussions, sharing her insights on developing practical, measurable, and context-specific performance indicators that can guide universities toward academic excellence, improved governance, and enhanced student outcomes. She emphasized the importance of balancing quantitative measures with qualitative assessments to ensure that universities are evaluated fairly and comprehensively. The meeting underscored the collaborative approach between PHEC and higher education institutions in Punjab to create a performance evaluation model that promotes quality enhancement, research productivity, employability-focused programs, and institutional sustainability. Hosting this session at RLKU highlights the university's active engagement in shaping the future of higher education governance in the province.



#### **PROF. DR. RUKHSANA KAUSAR PARTICIPATES IN THE 96TH SYNDICATE MEETING OF LCWU**

The 96th Syndicate Meeting of Lahore College for Women University (LCWU) was held on 21st July 2025, bringing together senior academic leaders, policymakers, and administrators to review and deliberate on key matters related to institutional governance, academic policies, and future planning.

Prof. Dr. Rukhsana Kausar, Pro Vice Chancellor of Rashid Latif Khan University (RLKU), attended the meeting as a member of the Syndicate, contributing her expertise to discussions on policy development, academic reforms, and strategic initiatives aimed at strengthening LCWU's academic and administrative frameworks.

Her active participation reflected her commitment to collaborative decision-making and strengthening the higher education governance structure in Pakistan. By engaging in such high-level forums, Prof. Dr. Kausar continues to represent RLKU's vision for academic excellence and institutional innovation while contributing to the advancement of higher education in Punjab.







## QUALITY ENHANCEMENT CELL

### RLKU'S DIRECTOR QEC INVITED AS RESOURCE PERSON AT GREEN INTERNATIONAL UNIVERSITY FDP

Mr. Ali Raza Qureshi, Director QEC and Additional Registrar at Rashid Latif Khan University (RLKU), was honored to be invited as a distinguished resource person by the management of Green International University (GIU) for their Faculty Development Program (FDP).

The interactive session focused on the critical topic:

"Program Review & Evaluation for Enhancement (PREE)" and Strategic Academic Planning

Mr. Qureshi, known for his leadership in academic quality assurance, guided faculty through practical methodologies on:

Conducting comprehensive program reviews for continuous quality improvement

Designing outcome-driven strategic academic plans aligned with HEC guidelines and institutional missions

Building sustainable academic frameworks using data-informed decision-making

Creating a culture of excellence, reflection, and long-term growth within academic departments

Leadership Acknowledgement & Appreciation

Mr. Afzal, Executive Director of GIU, praised the depth and clarity of the session, acknowledging Mr. Qureshi's contribution in demystifying quality assurance and strategy frameworks. He emphasized the importance of such dialogues in uplifting academic standards across institutions.

Adding to the commendation, Dr. Hina, HoD Management, GIU, remarked:

"Mr. Qureshi's session was not only informative but deeply transformative. He made complex quality assurance mechanisms relatable for all faculty, and his approach toward strategic planning was both visionary and achievable." She further appreciated the real-world examples and case-based insights that made the session relevant to departmental heads and curriculum designers.

"True quality is not an act of compliance—it is a culture we build with purpose, planning, and participation."

— Ali Raza Qureshi, Director QEC, RLKU

GIU extends congratulations to Mr. Qureshi on this recognition and reaffirms its dedication to academic leadership that contributes meaningfully to national capacity-building efforts in higher education.







## RASHID LATIF KHAN UNIVERSITY (RLKU)

### QUALITY ENHANCEMENT CELL

**REPRESENTING AS A DIRECTOR QEC & ADDITIONAL REGISTRAR, RLKU AN EDUCATIONIST AND MEDIA PROFESSIONAL AT ARY QTV PROGRAM ITTEHAD E UMMAT WITH A TITLE ITTEHAD E UMMAT OR MEDIA KA KIRDAR.**

I must thank Prof Dr Tahir Mustafa, Head of Social Sciences at Rashid Latif Khan University as a HOST at ARYQTV. The Role of Media in the Unity of the Ummah Media today holds power equal to governments in shaping opinions and policies.

It can unite the Ummah by promoting tolerance, eliminating misconceptions, and spreading messages of peace. Ethical and Islamic training for journalists and strong state-led media policies are essential.

Islam teaches: "Whoever sees evil, let him change it" – media must promote good, not sensationalism. Fake news and propaganda on social media create division, weaken states, and harm the Muslim world's global image. Responsible media use and strict state accountability are critical for media to serve as a tool for unity and reform.







# RASHID LATIF MEDICAL COLLEGE (RLMC)

## DEPARTMENT OF MEDICAL EDUCATION

### STUDENT EMPOWERMENT PROGRAM (FIRST YEAR MBBS)

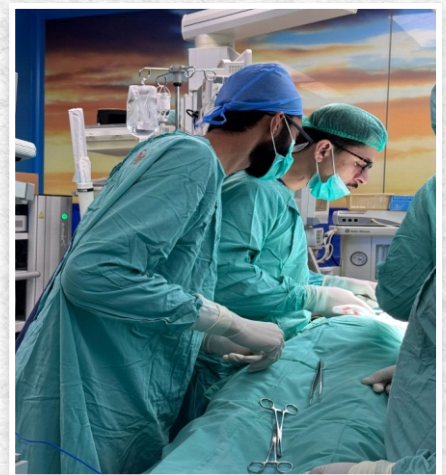
The Department of Medical Education at Rashid Latif Medical College proudly launched a structured Electives Program for first year MBBS students, offering a unique early clinical exposure through hospital-based rotations. During the electives, students were rotated across various departments in hospitals, gaining firsthand observation and experience under the guidance of senior clinicians and faculty. The initiative aimed to familiarize students with hospital settings, patient interactions, and multidisciplinary healthcare teams, fostering professional development and clinical orientation.

This program reflects the college's commitment to integrated, progressive medical education and its dedication to developing well-rounded future healthcare professionals.



### NATIONAL ELECTIVE AT INDUS HOSPITAL, LAHORE

At this well-established healthcare facility, students experienced the working of a multidisciplinary hospital setup. They observed patient care across various departments and developed an understanding of hospital operations in a high volume medical environment.







# RASHID LATIF MEDICAL COLLEGE (RLMC)

## DEPARTMENT OF MEDICAL EDUCATION

### INTERNATIONAL ELECTIVE AT SAINT FRANCIS HOSPITAL, EVANSTON ILLINOIS USA

At Saint Francis Hospital, under the supervision of Dr. Vishnu D. Gaiha, students participated in cardiology rotation. They learned the fundamentals of ECG interpretation, performed clinical history-taking, and engaged in supervised patient interactions. This hands-on experience enhanced their diagnostic thinking, clinical communication, and understanding of cardiovascular care in an outpatient setting.



### NATIONAL ELECTIVE AT PAKISTAN KIDNEY AND LIVER INSTITUTE, LAHORE

This rotation allowed students to observe hospital operations in a specialized care setting. They became familiar with patient pathways, multidisciplinary coordination, and the systems involved in managing complex medical cases within a modern tertiary care institute.



### NATIONAL ELECTIVE AT CHUGHTAI LAB AND HOSPITAL, LAHORE

Students were placed at one of the region's prominent diagnostic centers, where they gained insight into the functioning of healthcare support services. The rotation allowed them to observe the integration of diagnostic processes within clinical workflows and the importance of accuracy and efficiency in patient care.

Heartfelt thanks to Chughtai Labs, especially Professor Suhail Akhtar Chughtai for his support, and to Professor Abul Fazal, Professor Mudassar Ali, Dr Kainat Javed and Dr Ashir from the department of Medical Education for their coordination and dedication in making this possible.







# RASHID LATIF MEDICAL COLLEGE (RLMC)

## DEPARTMENT OF MEDICAL EDUCATION

### INTERNATIONAL ELECTIVE AT OKLAHOMA HEART HOSPITAL, OKLAHOMA USA

Students had the opportunity to complete a interventional cardiology rotation at Oklahoma Heart Hospital, where they were exposed to a specialized cardiovascular care environment. Under supervision, they observed clinical procedures, participated in history- taking, enhanced their understanding of cardiac diagnostics and patient management. The rotation offered valuable insight into the workflow of a high acuity cardiac facility and strengthened student's clinical and communication skills.



### NATIONAL ELECTIVE AT HOPE (HEALTH ORIENTED PREVENTIVE EDUCATION), LAHORE

Students were introduced to a healthcare facility focused on preventive and primary care. The rotation offered exposure to health education activities, and community based interventions, broadening their perspective on holistic healthcare.



### NATIONAL ELECTIVE AT ARIF MEMORIAL TEACHING HOSPITAL, LAHORE

As the affiliated teaching hospital of Rashid Latif Medical College, this placement provided students with structured clinical exposure. They participated in ward observations, and departmental activities across major medical and surgical specialties, under faculty supervision.







# RASHID LATIF MEDICAL COLLEGE (RLMC)

## DEPARTMENT OF MEDICAL EDUCATION

### NATIONAL ELECTIVE AT PINK RIBBON HOSPITAL, LAHORE

At this dedicated healthcare facility, students observed the functioning of a specialized institution with a focus on women's health. The rotation highlighted the importance of awareness, early intervention, and focused clinical care within a supportive and patient-centered environment.



### ELECTIVES PROGRAM (3<sup>rd</sup> and 4<sup>th</sup> Year MBBS)

The Department of Medical Education at Rashid Latif Medical College, organized a 4-week electives program for 3<sup>rd</sup> and 4<sup>th</sup> year MBBS students. This initiative aimed to broaden clinical exposure and enhance practical learning in real-world healthcare environments.

Students completed their electives in a variety of hospitals and healthcare institutions, both national and internationally, including:

- Chughtai Lab and Hospital, Lahore
- Indus Hospital, Lahore
- HOPE ( Health Oriented Preventive Education), Lahore
- Arif Memorial Teaching Hospital, Lahore
- Pakistan kidney and liver Institute (PKLI), Lahore
- Pink ribbon Hospital, Lahore
- Shaukat Khanum Hospital, Lahore
- Saint Francis Hospital, Evanston Chicago Illinois
- Oklahoma Heart Hospital, Oklahoma

This rotation provided valuable opportunities for students to observe diverse medical practices, develop clinical skills, and gain insight into the different healthcare systems.





# RLKU MEDICAL COLLEGE (RLKUMC)

## THE DEPARTMENT OF HUMAN RESOURCES

### TEAM WORK

The Human Resources Department of R.L.K.U. Medical & Dental College successfully conducted a training session on "Team Work" on Friday, 4<sup>th</sup> July at 10:00 AM. The session was specifically designed for demonstrators, stenographers, lab technicians, and store officers, with the objective of promoting collaboration and enhancing interpersonal effectiveness within the workplace. Key themes of the session included building mutual trust and respect, practicing active listening, recognizing individual contributions, and fostering a supportive team environment. Participants engaged enthusiastically in the training, reflecting a shared commitment to professional growth and collective success. The HR Department appreciates the active participation of all attendees and remains dedicated to organizing similar developmental initiatives that contribute to a positive and productive institutional culture.







# RASHID LATIF DENTAL COLLEGE (RLDC)

## THE DEPARTMENT OF DENTAL MEDICAL EDUCATION

### CULTURAL DAY

The vibrant and diverse culture of Pakistan was celebrated with great enthusiasm at RLDC on Friday during a Cultural Day organized by the Dental Medical Education Department. Students and faculty came together to showcase the country's rich heritage through traditional attire, regional cuisine, and colorful displays.

Cultural stalls representing various provinces highlighted the unique traditions of Pakistan – from Sindh's Ajrak and crafts, Punjab's folk music and cuisine, to Balochistan's embroidery and the flavors of Khyber Pakhtunkhwa and Gilgit-Baltistan. Students played an active role by dressing in regional outfits, preparing local dishes, and sharing cultural insights.

The lively atmosphere, enhanced by folk music and performances, reflected the spirit of unity in diversity and offered a meaningful opportunity to appreciate Pakistan's deep-rooted traditions. The event was a proud and memorable celebration of national heritage.

